# MPHS COMMUNITY TRUST ANNUAL REPORT 2022/2023

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#### Karakia Timatanga | Opening

Whakataka te hau ki te uru - Cease the winds from the west
Whakataka te hau ki te tonga - Cease the winds from the south
Kia mākinakina ki uta - Let the breeze blow over the land
Kia mātaratara ki tai - Let the breeze blow over the ocean
E hī ake ana te atakura - Let the red-tipped dawn come with a sharpened air
He tio, he huka, he hau hū - A touch of frost, a promise of a good day ahead!
Tīhei mauri ora! - Behold the essence of life!

The Karakia's essence, with its acknowledgment of diverse elements and the promise of a new day, resonates deeply with the MPHS Community Trust's vision. Just as the Karakia seeks balance and prosperity, we gather to set intentions for a brighter future. Together, we aim to nurture and enable the growth and well-being of every individual within our community.

# PEOPLE, PRIDE, PLACE

MPHS is a responsive, communityled development organisation that next year turns 20. Over this time, we have gone from strength to strength, actively supporting the wellbeing needs of our local community through diverse initiatives, projects and programmes. While the focus of activities is our direct McLaren Park Henderson South community, in more recent times the organisation has expanded our community development and enterprise focus into wider western Tāmaki Makaurau/Auckland.

Kaitiakitanga (**Place**) is about nurturing and respecting our land. Our role as people (**People**) and to our whenua is to ensure its sustainability for future generations (**Pride**).

Our values – **Compassion, Contribution** and **Connection**, are woven throughout the three POU.

#### Manaaki whenua, Manaaki tangata, Haere whakamua

Care for the land, care for the people, go forward



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# MPHS COMMUNITY TRUST REPORT



WILL WARD Chair



**KATHRYN LAWLOR** Chief Executive

Tēnā koutou katou,

We are proud to present our joint Chair and Chief Executive report. You will see in this report it has been another big year for MPHS Community Trust as we continue to focus on our purpose of 'enabling communities to connect and flourish'. We do this by running a thriving and welcoming community hub (Hubwest), caring for our local environment, helping the community to engage and connect and running a successful social enterprise. As we look back over the past year we can be confident that our social, environmental and financial outcomes have been achieved.

A highlight this year has been partnering with Auckland Council to restore and develop a historic building at 990 Great North Rd Western Springs turning it into our new social enterprise, Waiōrea Community Recycle Centre. This Community Recycle Centre (CRC) and Pū Mātauranga (Education Hub), is Auckland's boutique and flagship centre with a vision of educating the public on best practice for reducing waste, engaging the community in changing behaviour, supporting community conversations around Zero Waste and wider sustainability issues. Significant mahi happened this year to get the doors open in 2023 and we know Waiōrea CRC has an exciting future.

Two years ago, we created a new role, our Kaitakawaenga to connect with Māori in our community, engage and provide guidance to our community led initiatives. Over the past year this support to our team has been invaluable bringing about increased knowledge, connections and understanding to further serve our community.

Our approach through the programmes we deliver is on enabling a sense of connection and community through activation. The team are passionate about offering a diverse range of programmes, events and collaborations with other community partners. This year we have had wonderful feedback from the community about how valuable these programmes are and how important they are to their well-being / Hauora. We have seen the community embrace coming together again post Covid

restrictions and value social connection. This has meant most of our programmes were full to capacity and Hubwest being one of the most utilised community hubs in the West.

In January 2023 the Auckland Anniversary Weekend extreme weather event took us all by surprise and had a devastating impact on our community. Within hours we had community members turning up to Hubwest for support, supplies and shelter. Our team responded to this need immediately and within the next few days were asked to activate Hubwest as a Civil Defence Centre (CDC) which was operational when two weeks later Cyclone Gabrielle hit bringing further devastation. The CDC was based at Hubwest for eight weeks and over that time our normal activities paused while our team, working alongside the various Government agencies, Auckland Council, community organisations, churches, emergency services and local volunteers to meet the practical and psychosocial needs of all those affected.

It is difficult to calculate the precise number of Whanau supported over this time but we know it was in the thousands. One of the roles in hosting the CDC was managing the incredible amount of donations we received from the community, which were all sorted by our wonderful team of rangatahi leaders at Youth Studio. This was a massive job and our youth showed real commitment and leadership over this time.

We are fortunate to have strong relationships with other community partners and as a long-term participant in the West Auckland Together collaboration (WAT), we have invested the time and resource to ensure we are well connected. The support of these fellow agencies enabled us to host the CDC and meet the community need in a time of crisis. We did not do this alone and we would like to thank the many organisations, local businesses and incredible volunteers who came together with us responding with commitment and aroha for our community. Special thanks to the MPHS team for the incredible care, generosity and tenacity they all showed over this time.

The stewardship of our Board was enormous this year. Their ability to support quick decision making in times of crisis and push through with strategic innovations has ensured we have ended this year in a very positive position. We also welcomed Glenda Billings to the Board. A senior leader in our community, Glenda skills will further enhance and complement our Board experience.

Our work in community development would not be possible without our supporters, friends and benefactors and we take this opportunity to acknowledge and thank them all for their continued confidence and support.

Alongside our community the success this year of MPHS has very much been a team effort and it gives us pleasure on behalf of that team to present the Annual Report.

Nga mihi nui ki a koutou.

#### Will Ward, Chair Kathryn Lawlor, Chief Executive



# **COMMUNITY PROGRAMMES**

We are proud to partner with Henderson Massey Local Board to offer a diverse range of programmes at Hubwest. We share their vision of making Henderson a great place to Work, Live and Play. Our events connect people and enhance a sense of community belonging.

This year has been another incredibly busy year across all our programmes and events. The programmes were paused for a couple of months as Hubwest served as a CDC, Civil Defence Centre responding to those affected by the storm events.

Participation in our programmes grew again this year as we also added new activities to ensure there is something on offer for everyone.

## This year our programmes included:

- Governance Training and Mentoring
- S.U.N Shape Up Neighbourhoods
- Community Connection Pop-Up Events
- Kids Club
- JOY Just Older Youth Social Group and Events
- Fit Mama Play Group
- Playball
- Skateboarding Lessons
- Various Events, Celebrations and Community Workshops

The following articles are a few of the highlights over the past year.

## SKATEBOARDING LESSONS

Skateboarding every Monday afternoon is a highlight for many of our tamariki. We know this as each week parents tell us how much their children look forward to it and how they can see the skills and confidence they are growing are helping their resilience in other areas. It's so popular we have a waitlist for the programme and hope to over more to meet the demand. This is possible due to the ongoing support from Waitakere SDA School who provide the space and Aroha Skate who have share their skills.

One Mum said it well this year "skateboarding teaches resilience, if you fall down get back up!"



## **KIDS CLUB**

This club offers an opportunity for our 5-10 year-old children to make new friends through play and getting creative together. Of course, it provides a great space for parents to also connect, bringing neighbours together.

The feedback this year is how helpful having these free activities have been for local whanau who would otherwise not be able to access after school activities due to cost.

Our friends at The Recreators help facilitate a variety of arts and crafts using upcycled materials, turning trash into creative treasure.

A highlight was Māori language week with celebrations, tamariki learning a karakia that they continue use prior to their kai, activities and korero.

"He is proud to show his school teacher and classmates that he can make artwork by himself:"







## SCHOOL HOLIDAY PROGRAMME FOR YOUNGER TAMARIKI

Building on the need and requests from community to provide a free school holiday programme for tamariki aged 8-11 year olds. Over 30 kids participated across 3 days of this Matauranga adventures programme. This was a first for MPHS and we and the community would love to build on this success.



## **PEOPLE PRIDE PLACE EVENT**

The community look forward to the annual People, Pride Place free whanau event each year. This year was no different and a welcome fun event after the devasting weather events. Due to the weather events it was delayed until April but there was still a huge turnout – even though it rained! Hundreds of locals enjoyed music, cultural performances, face painting, educational stalls, the youth run BBQ, and the many fun kids' activities and rides.



## **GOVERNANCE PROGRAMME**

The Governance Programme is offered free to any community organisation operating within the Henderson Massey Local Board area. So much of the wonderful community work and support available is offered by our local community organisations, governed by volunteer boards. These organisations are vital to offering a range of services to the local community.

The Governance programme offers information, mentoring and education through a range of online and face to face workshops held locally and informed by what the local organisation tells us they need. This year the community asked for Governance Training 101 unique for our Pasifika Communities, this workshop was attended by over 80 local people keen to grow their Governance skills.

#### **Topics included:**

- Financial Resilience
- Recruiting and Developing Board Members
- Pacifica Introduction to Governance
- Pacifica Diversity on Boards
- Holding Management to
   Account
- Decision Making in Committees
- Legal Responsibilities of the Board
- The Boards Role in Health and Safety
- Building a Solid Relationship Between the Board and Manager



"This workshop was very informative and I have learnt and have been reminded of skills I have that I can use to influence the governance space as a Pacifica."

Pacifica Workshop 2023 participant

## JOY (JUST OLDER YOUTH) HAUORA EVENT

After a stressful year for many we hosted an event purely for seniors focused on their health and wellbeing. Health providers, food, chair yoga, senior dance, singing, local cultural performances, music and haircuts were enjoyed by over 70 local participants. The feedback was we loved it and please have more.

"Our residents really enjoyed attending the Wellbeing workshop. They were talking about it for days afterwards!"

"Thank you MPHS team, this was a much-needed outing for my Mum and it really lifted her spirits."



## S.U.N - SHAPE UP NEIGHBOURHOOD

Our SUN programme started as response to many in our community struggling to keep their properties and streets free from rubbish and unwanted items, due to the cost of getting rid of waste or access to the resources to do so.

Everyone wants to feel a sense of pride in their home, street and neighbourhood. We work alongside individuals and streets to bring the extra people power, vehicles and recourses needed. Once a time is set aside working together can turn an overwhelming task into something achievable.

This year our SUN team alongside our TIPPING POINT crew were called on to go back to many of those streets and help with the street clean up after the devastating damage of the floods and cyclone. The SUN team played a vital role in collecting rubbish from flood stricken properties and delivering much needed resources at the same time, such as food, clothing and personal care items.





### FIT MAMA

Fit Mama was introduced into our line-up of programmes after Covid as we wanted to offer an alternative to playgroup. We found that women were still wanting to connect but being busier than ever they wanted to be able to fit in some weekly exercise at the same time and socialising.

We understand how hard some days can be! Stopping for feeds, dealing with a crying baby or having to entertain your toddler mid-workout – mum life doesn't stop just because you want to work out! We've all been there so there's no judgment – you just pick it up again when and where you can and that's part of the beauty of the programme there is no pressure.

Fitmama provides another opportunity to be a positive role model to your tamariki as they see you exercising and living a healthy lifestyle. Wahine end their session with a social cuppa and their tamariki play while they exercise in a safe and secure hall environment so there are no weather or escaping worries!



## CELEBRATING MATARIKI

This year's Matariki celebration was filled with delightful activities! Matariki, a time of remembrance, joy, and dreams for tomorrow, held deep meaning for us. Our tamariki had a great time learning and enjoying the experience – crafting shortbread Whetū, dancing, and exploring the stories behind the Whetū (stars). Later, whānau joined the fun for a shared kai prepared by our team, enriching this cultural experience. A big shoutout to Tegal and Tozu for their contribution towards the Kai.



Stars made from paper and decorated by tamariki for Matariki



### CHRISTMAS PARTY FOR PROGRAMMES

An annual celebration of Christmas for whānau across our programmes. Santa, ice cream, face painting and more! What a wonderful event connecting all tamariki across our various programmes. The ice cream sundae line was long!



## PLAYBALL

We introduced Playball as we wanted to offer a sports-based programme for tamariki to help encourage a health and active lifestyle.

Sport participation can help to promote school readiness skills, belonging, contribution and communication with other tamariki. The coaches are super popular with the kids and there is a regular Player of the Day certificate awarded to encourage participation.

Many FitMama with ageappropriate children stay on to do Playball as we have scheduled this programme so it's just one trip for them and they can do two free activities.



Joseph first came to the MPHS attending the Breakaway Holiday Program for 11-17 year-olds, then by 2015 he was on staff as a Youth Leader.

He commutes all the way from South Auckland to be here, because well, loyalty. "This was my first time working with youth, and it guided me into being a teacher. I'm giving back for the mentoring I got."

The most rewarding part of his job here is seeing a spark in a young person's eyes when they finally understand something and watching them learn how to collaborate and how to look after themselves and others, he says.

"We provide a space where they feel safe to be themselves and where there aren't huge expectations, like at school."

Joseph understands that part of learning is having new experiences. "Some of our youth haven't been into the CBD before or to the beaches across town, so we try to get out and about and give them a new perspective," he says.

# **JOSEPH NGANU**

### YOUTH LEADER

Attending the Holiday Program is different from school because it's quite free. There are in-house days with sports – MMA, touch rugby, basketball, netball. Or accessing the technology in the Youth Studio.

There are away days, accessing public activities at Silo Park, going to the museum and art gallery, but also coming up with their own activities.

The Amazing Race for starters. "We head off into different parts of the city, try to find someone who is wearing blue jandals, or someone eating an ice-cream and take a photo with that person... like a treasure hunt. We might visit a playground and we challenge them to complete the playground in a certain time."

These are not privileged kids, Joseph says, and this program keeps them off the streets and out of trouble and as respect grows, there are shifts in attitude.

Outside influences are good for young people, he reckons. "If I see one of our youth arguing outside with his mum, they listen to us when we say, "don't speak to your mum like that."



His own mum, who encouraged him to go to university, passed away in 2012. "She's the reason I'm still going." While working at MPHS Joseph got his Bachelor of Education from Auckland University and is now doing his Masters.

And the tight knit community and team at MPHS is why he's stayed for 8 years. "People have titles and positions, but there's no hierarchy here. It's social and generous and so much trust has built up over those years."

January 2024 will be Joseph's last holiday program. He is leaving to find a full-time teaching job. He's already got a few offers.

# YOUTH SERVICES

## MPHS RANGATAHI HOLIDAY PROGRAMME

Over the past year our famous holiday programme was offered for eight weeks in the school holidays for 11 to 18-year old's, each program had a wait list demonstrating how popular this programme is among our local youth and whanau.

We are proud to host a free programme and allows space for youth to connect and be engaged whilst building positive friendships with their peers. It is is imperative in maintaining a safe and collaborative community. The success of the programme is its leadership-based outlook focused on young people. Youth are involved in the planning and running of daily activities as well as setting the values and learning outcomes. Our current youth leaders were once all participants on the program many who have aspired to take on this role and have been mentored by past youth leaders.

This year there was a focus of selecting youth on the programme who could take on the role of supporting others as we had large numbers of new participants. This Tuakana – Teina concept of an elder person helping a younger person works well within the context of our program. Whether it is imparting knowledge, skill, advice or peer support this ensures a strong sense of belonging.

This year we welcomed two new Youth Leaders, Rydar and Te Ama, both were members of our Youth Studio, growing to be key members of our youth leadership group volunteering to help at the countless events. We are delighted to now have them as part of the youth team employed to continue the legacy of the MPHS Rangatahi Holiday Programme.

"I really liked how leadership skills was part of our Holiday Programme." Holiday Program participant

"Thank you for running this free Holiday Programme in our community. It gives me peace of mind know my kids are safe and having fun during their holidays." Parent of Holiday Programme participant



## YOUTH STUDIO

Youth Studio is a home away from home for many local youth where new friendships are made. Open every day after school until 6pm it is a space where rangatahi can explore their creativity through learning animation, graphic design, game development, film and fine arts.

This year we have continued to partner with local schools offering the space and our talented youth manager, Clarence's skill in teaching animation, design and creative media. Each term an 8 week module concentrating on animation, game development and film making was offered to Bruce McLaren Intermediate students. A goal of Youth Studio is to foster a sense of belonging and connection to community for local rangatahi.

In January when West Auckland was impacted by the storm events, our Youth Studio became the donation hub receiving and distributing thousands of donated items throughout the community. A team of dedicated Youth Studio young leaders took charge of receiving and sorting much needed items like blankets, personal care items and clothing. We were so proud of both the leadership displayed and contribution made by our Youth Studio leaders. From serving meals to displaced families, sorting out tonnes of

donations and helping move furniture and appliances to new homes our young people did their part in making sure those affected by the floods were supported.

"I enjoy the Youth Studio and the activities on offer. The free food also helps!" Studio Member

"This class (Game Development) is my favourite class in school. I cant wait for Thursdays so I can come and work on my project!" Bruce Mclaren Student





# THE IMPACT OF OUR MAHI 2022 - 2023

## COMMUNITY CONNECTIONS

3905 Total Participants

236 Governance

221 Joy

750 Kids Club

544 Fit Mama Playgroup

402 Tamariki Playball

352 Skateboarding

8 Community Events, with **700** participants

70 Game Creator

**9** Activation of spaces and/ or street clean up events



#### **COMMUNITY FACILITIES**

8,549 Hours Booked

43,758 Participants

1,598 Bookings

## YOUTH STUDIO

599 Rangatahi Members

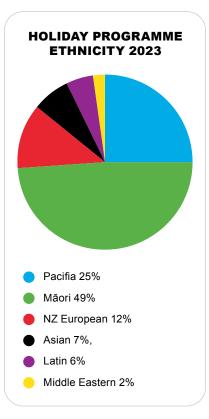


6 Activations/Community Pop Ups

46 Tonne Waste Removed

## RANGATAHI HOLIDAY PROGRAMME

366 Participants





971 Volunteers

510 Trees Planted

320 Kilos of Rubbish Cleared

#### 79 Events



## TIPPING POINT RECYCLE SHOP

**433.2** Tonne Rescued from Landfill

## THANK YOU TO OUR SUPPORTERS



















Thank you to our volunteer Governance Board: Will Ward – Chairperson, Mark Chelton – Deputy Chairperson, Natasha McDowall – Treasurer, Kimberly Rees, Deborah Raroa, Esther Goh and Lionel Anderson.

## HUBWEST

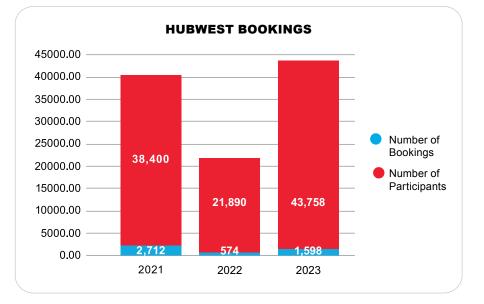
Hubwest continues to be a thriving and vibrant space widely utilised by the community for a diverse range of activities, programmes, hui and Whanau gatherings. We continue to offer MPHS programmes and partner with other agencies to ensure there is something free and accessible being offered out of Hubwest each week. Over the past year it was not unusual to find Hubwest full to capacity, with all the energy and vibrancy that brings to our community. A few examples of what was offered this year are; community dinners, zumba, disability peer support group, guilting, weaving, dance therapy, MMA, breast and bowel screening. birthday celebrations and church services.

Hubwest became a Civil Defence Centre in for two months from January 27th 2023 in response to the two unprecedented extreme weather events in West Auckland. The hub was activated immediately to meet the community ned, welcoming displaced people with manaakitanga and providing people with what they needed, including hot food, showers and clothing and personal care items. Working alongside other agencies who based themselves at or came of offer support such as MSD, FONO, Red Cross, Auckland Emergency Management, NZ Police, and most

significantly the contribution from local social service organisations, individuals, local board members, local businesses, churches, marae access was able to be provided to housing, financial support and donations.

We are fortunate to already have collaborated with many West Auckland agencies through being a founding member of WAT, (West Auckland Together) and the success of the Hubwest CDC was due to all the organisations having trust and respect for each other and what we can achieve collectively.

"After losing everything we owned-including our home, all of its belongings, our car, and a host of additional challenges brought on by the devastating flood - we sought assistance at Hubwest. The Hubwest team managed by Kathryn, Deb, Agnes and the rest of their great staff, provided my family with food, shelter, bedding, and support in locating a new home through Kainga Ora... We would like to offer our heartfelt gratitude..." Rex





Dante has been a Yard Assistant at MPHS Tipping Point for over 2 years, but like all the workers here, he does everything from hauling furniture, to cash handling, locking up, to doing deals on price.

Plus, he's learnt valuable skills.

"I do electrical testing. To make sure the stuff that comes in is safe and good to on-sell, so it doesn't shock anyone when they plug it in," he laughs. "Always learning something new down here."

Dante was studying for a Bachelor of Māori Visual Arts, in Gisborne. "Covid messed everything up and it went to correspondence, which didn't work for me. I needed to be in an environment where you are getting new ideas and around people," he says.

Unemployment dragged on after covid. He was a bit lost and ended up with a placement at Tipping Point through community services. "I was sentenced to do some community hours down here, for driving stuff."

Part of Tipping Point's remit is to give people second chances.

# DANTE

#### YARD ASSISTANT AT TIPPING POINT

He was a good worker, people liked him, and he was offered a job. And the rest is history.

People from all walks of life come to the Tipping Point shop. Those who have really been hit by the costof-living crisis, to artists and even famous people. "A few All Blacks, comedians... you talk to heaps of artists here looking for stuff. People who work in film – props and set designers. Great networking."

And there are the regulars, says Dante. "You get to know them really well, have some banter."

The biggest challenge for Dante has been learning how to deal with customers.

"Sure, we will negotiate on price, but don't offer me \$5 for something that's got \$50 on it," he says.

"I've learnt a lot about how to negotiate and navigate conversations and how to deescalate a situation. The idea is to make the customer feel like they've got a bargain, while you haven't just given it away."

It's a dynamic place to work for Dante. Every day is different, he says. "It's wicked working here and



some of what comes in blows my mind... America's Cup memorabilia, the stars and stripes flag, a sterling silver tankard. We had a jet ski, go karts."

His eyes were opened to just how much is chucked out in everyday life. "Everything comes in packaging which makes so much rubbish," he says.

"We try to take only good quality stuff. If it's got a second use, we will take it."

And one person's landfill is another's treasure. "It's been interesting to see what one person finds not valuable. They don't even have the time to give it away to someone, but it's all good because we intercept it all and we can get it to people who need it."

"Seeing a person walking out of the shop with something that was destined for landfill. That's the coolest part. It's small but it's still, over time, it builds up and makes a real difference."

## TIPPING POINT SHOP, DROP & MAKE A DIFFERENCE

The last year continued to be a busy one for our Tipping Point team running the 7 day a week community recycling shop based at the Waitakere Refuse Transfer Station based at 50 The Concourse Henderson. We continue to encourage the public to Shop, Drop and Make a Difference as together we ensure reusable items are rescued from landfill.

We have three main goals that continue to motivate and guide our work.

- Caring for the environment by partnering with Auckland Council and our community to work towards reducing waste and a more sustainable future.
- To create local work and volunteer opportunities that benefits individuals and their Whanau.
- To run successful social enterprise where putea generated directly supports our free rangatahi programmes.

This year the two significant weather events significantly impacted areas very close to Tipping Point with some of the worst effected houses and their damaged contents within a couple of kilometers of our site. It really was in our backyard. The Tipping Point team answered the call to action and were able to use our unique partnership with the Waitakere transfer station and capacity of our vehicles to support affected households. The team collected 45 tonnes of flood damaged materials from properties and streets, in the aftermath of the flooding. This provided a practical solution to one problem that was overwhelming for often vulnerable and devastated occupants.

Tipping Point also became a storage and distribution point for donations of clothing, blankets and other donated goods. The generosity of the community and local business was incredible and we received more than required. The overflow was distributed back to the community as a whole and to the volcano relief for Tonga through the local Tongan churches.

We highlighted in last year's report that Auckland Council is committed to shifting the Waitakere Refuse Transfer Station (WRTS) to the Waitakere Resource Recovery Park (WRRP). Central to this is the building of new infrastructure to increase the capacity for recycling and reuse. Over the last 12 months there has been much detailed refinement of the planning, and the project is started, with the breaking of ground for laying in the services infrastructure to started.



This development includes a new purpose-built shop/reuse centre that will significantly increase the footprint of Tipping Point on site and increase our capacity to divert and engage the community more in zero waste and recycling initiatives. The finished complex will be the largest community recycling/reuse facility of its type in New Zealand. There will be major improvements in access for those dropping off goods and materials and those who just want to shop, away from the heavy machinery. The plans also include spaces for other community activities that make use of recovered resources (upcycling/ remaking).

The hard work and dedication of the Tipping Point team along with the wonderful support from our Auckland Council partners at WRTS have enabled Tipping Point to continue to grow and thrive over the past year.



50 The Concourse Henderson, Auckland TippingPoint.org.nz

#### TONNAGE RESCUED FROM LANDFILL FROM 1 JULY 2022 - 30 JUNE 2023 BY TIPPING POINT COMMUNITY RECYCLING CENTRE

#### 443 TONNES WHICH IS OVER 164 ELEPHANTS'

\* Based on the average Asian Elephant weighing 2.7 tonnes.



## WAIÓREA COMMUNITY RECYCLING CENTRE

This year we were delighted to partner with Auckland Council to establish, develop and operate a flagship community resource recovery and learning hub known as the Waiōrea Community Recycling Centre.

Over the past year our project team worked closely with Auckland Council Waste Solutions to get the building ready to open, with our team taking on responsibility for restoration of the basement and turning it into a boutique retail space. As we look back over the

"Just wanted to write and inform everyone that this is the best shop I've been to. All the staff are so friendly and helpful, they have always got smiles on their faces and are happy to be here."

Many Thanks, Jason & Steve

"Waiorea CRC is marvellous," oddly satisfying - providing what is wanted and needed -I always leave delighted. I'm going back next week for sure. Until next week... Best wishes to you and your lovely staff." Christina year we are very proud of the end result we took care to ensure the restoration was aligned with zero waste and reuse values. The shop fit out was achieved with a majority of reclaimed materials.

Over the past year as the restoration was taking place our team were busy connecting with the community, many of whom were eagerly awaiting the opening of the CRC as it had been in the planning for many years. The project has continued to be supported and championed over this time by the three local boards, Albert-Eden, Puketāpapa, Waitematā. To keep the community connected and informed over the past year there where are series of activities from engagement hui, market days, local school workshops and community planting days.

It was an exciting day in August when after much planning and development work Waiōrea CRC was officially opened with a special day being led by Ngati Whatua Orakei and Te Mahurehure Marae.





In the coming year our aspirations for Waiōrea CRC is to be a be a source of information and inspiration, create a community hub and role model for a zero-waste way of thinking, provide memorable experiences for visitors, a place to connect and collaboration for individuals and organisations.

Now open Thursday through to Sunday, 9am to 4pm Waiōrea CRC provides an easy, enjoyable opportunity for the public to divert items from landfill. "I have been delighted and impressed to experience the Waiorea Community Recycling Centre since it opened only a few months ago. The shop is attractive, efficiently run and best of all turns over a lot of stock. This is a great outcome for everyone."

**Cheers Peter** 

Waiōrea Community Recycling Centre 990 Great North Road, Western Springs

Waioreacrc

"Whiria te tangata, whiria te taiao, kia puāwai ai te ora o te ao."

"Weave the people, weave the environment, so that the world may flourish."





# PROJECT TWIN STREAMS

The project twin streams team are proud to maintain 200 hectares of West Auckland's native green asset including Oratia, Opanuku and lower Waikumete streams. We are passionate about activating community groups and individuals to partner with us in this environmental restoration empowering communities to act as environmental stewards and exercise kaitiakitanga. The focus this year was to enable local community to connect with their natural environment, raising awareness and knowledge and

helping our community to access the beautiful natural environment that surrounds us.

This year we were delighted to work with a number of schools and community groups to continue to care for our awa and in particular the Opanuku and Oratia streams.

West Auckland Middle Shool undertook chemical and biological testing of the Opanuku nearby Corban Estate. We were excited to find a swimming mayfly which indicates the water quality is at a 9 out of 10 score!



To find out more about Project Twin Streams visit: projecttwinstreams.com

"I have learnt knowledge of our local streams, from bugs to testing to cleaning" "What I enjoyed this year was catching rats and setting the traps".

Middle School West Auckland pupils

"It engenders a sense of belonging, pride in achievement and a offers wide range of learning opportunities. Participants are considered community volunteers and as such can utilise the work experience and references gained when pursuing employment opportunities..." Jude WALSH Trust





Two weeks after Natasha started as Community Coordinator of Twin Streams for MPHS, the Auckland Anniversary Weekend floods hit.

"Fences, balls, BBQ tables, lots of plastic bags – anything that was in a back yard – just washed down the streams," she recalls. "They were big clean ups."

The flood even changed the stream layout. But the water is healthy again, she says. "I do the water testing and the streams are finally looking good again and people are back swimming in them. There are a few local waterholes. Candia Road, across from the Bahai centre, there's a nice waterhole down that walkway."

During covid the then High school chemistry teacher decided she wanted to trade her indoor career for something outdoors, to be more of her own boss.

"I was involved in the local trapping group. And I'm passionate about conservation. How cool would it be if I was involved in doing a role like that".

# NATASHA WADE

#### COMMUNITY COORDINATOR OF TWIN STREAMS

The Twin Streams Project started 20 years ago and looks after Opanuku Stream from Candia Road to West City Mall and Oratia Stream from Parrs Cross Road to the mall.

Educating the next generation about conservation is a big part of Natasha's job. Hands on experiences for urban kids.

"I've been working with West Auckland Middle School, and they have adopted the area at the back of their school, near Epping Esplande. They've planted harakeke (flax), laid trapping lines that catch rats, mice and possums. And we caught some inanga (whitebait) there as well".

"When they learn something, they can share that knowledge with others," she explains.

Testing the water is another responsibility for Natasha. "We test both streams four times a year to keep an eye on how the water quality is tracking."

The main problems are with sewage and fertiliser and household grey water getting into the stormwater, she says. It's about educating people what goes down the drain goes into the stream.



Post flooding, the challenge is getting to those beautiful places, with tracks still closed from flood damage. Lots of tracks have been washed away.

In response, Natasha has set up a women's walking group – exercise, human connection, and safety in numbers.

"We meet at Corban Estate, and we've been using the Project Twin Streams walkway through Henderson Park. The other day we had a woman join us who knew everything about Māori herbal remedies, and she kept picking bits of leaves and sharing with the rest of us what it was good for. That was really special."

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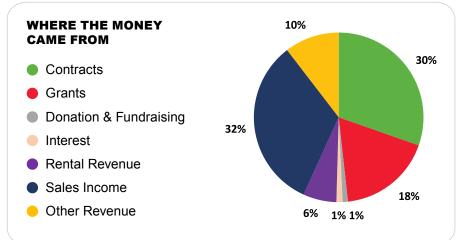
# **2023 FINANCIAL OVERVIEW**

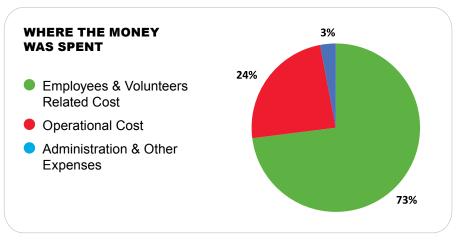
#### WHAT CAME IN?

Our revenue increased by 31% compared with the previous year. This was primarily due to the recognition of funds for the setup of the Waiōrea Community Recycling Centre and the receipt of grants to provide support for flood recovery. This resulted in a profit of \$47,441.

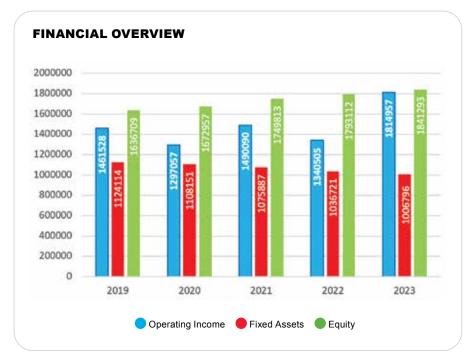
- Revenue from contracts increased by 32%.
- Revenue from grants decreased by 4.7% compared to 2022.
- Tipping Point income increased by 25%, compared to the 2022 year which was impacted by Covid lockdowns. This positive result reflects increasing interest in recycling and the impact of inflation on the cost of living.
- The use of Hubwest has increased by 178%. This has resulted in a 60% increase in revenue compared to 2022 which was impacted by Covid.

MPHS Community Trust had a demanding year due to operating as Civil Defense Emergency Centre for 2 months in early 2023. In addition to this, there has been a significant increase in the demand for our core services. Despite these challenges the financial position shows a healthy Trust with sound equity and reserves remaining untouched.





A copy of the audited financial statements is available from the Charities commission website www.register.charities.govt.nz. Search for MPHS Community Trust using the number CC46419.



#### WHAT NEXT?

For the 2023/2024 financial year, we look forward to the following:

- Growing the Waiōrea Community Recycling Centre into a sustainable social enterprise business.
- Development of the new Tipping Point Zero Waste Hub as part of the redevelopment at the Waitakere Refuse and Recycle Station.
- Increasing our capacity to meet the need across our community, youth and environmental programmes.
- Developing partnerships with funders to achieve our social impact outcomes.





Lionel is a long serving board member of the MPHS board, a fixture for a number years.

"I'm the cowboy on the board, and I'm still conservative in the bigger picture," he says.

As local as they come, Lionel grew up on Henderson Valley Road and always knew about MPHS, because his Aunty was the very first chairperson. After finishing up his post-graduate diploma in business, wanted to get involved in a local board. "We are always striving to do more, better."

He brings a sought-after set of skills to the table, mentoring and coaching in schools with time spent in private rehabilitation environments.

"I work with those on the fringes... the naughty kids gravitate towards me. I do love to help whanau/ community and that's along the lines of everything MPHS do – improve the quality of people's lives – and that floats my boat."

"Taking people who have difficulties finding work because of a lack of education or just haven't developed those personal skills – very shy, no eye-contact can't sit up straight.

# LIONEL ANDERSON

#### **BOARD MEMBER**

Stand up and tell me how great you are. They won't want to do that, so I warm them up with indirect challenges and eventually they will exhibit more confidence. Making it easier to place them into jobs in the wider community."

You can't serve a community you know nothing about and Lionel gives the MPHS board a Māori perspective. "I grew up not having a lot of access to a lot of help and it wasn't the thing to ask for help. Māori and Pacific people don't ask for help. Pacific Island church groups using our facilities is one way of increasing our visibility."

A good business brain helps with the issues around funding: "I like to look at the ethics of doing things," he says. "Organisation go for funding willy nilly. At MPHS we don't do that. A lot of organisations tend to overreach; take the funding without really having the capability to do the job. We go back to our values all the time. I think we have a humble approach."

And the proof is in the pudding. "We did a bang-up job at Tipping Point Recycling Shop at the tip, which paved the way for the Waiōrea Community Recycling Centre in Western Springs, which opened this year. Our reputation grows because we didn't just smash and grab the funding."



The challenge for the next year is increasing our visibility, he says. "Because we are probably just scratching the surface of need."

This year MPHS has brought in a pop-up vegetable shop and demand is strong. "Getting your weekly veg from your community organisation could be the norm, just like buying stuff from the tip recycle shop because you're trying to get more out of less."

Tipping Point, something that works and it's a good business unit that ticks the social boxes too.

It's a partnership with Auckland Council that goes the distance. "Local government couldn't do it on their own. Partnering with a community trust with those social drivers, really works so well."

#### Karakia Whakamutunga | Closing

Kia tau ki ā tātou katoa Te atawhai o tō tātou Ariki ā Ihu Karaiti Me te aroha o te Atua Me te whiwhinga tahitanga Ki te Wairua Tapu Āke, ake, ake Āmine

"In closing we hope the sense of spirit and unity which is inherent in our MPHS vision continue to resonate within us all. Our values will continue to guide our actions, nurturing togetherness and growth within our communities." Deb Raroa – MPHS Kaitakawaenga

#### MPHS STAR WALL

A star created for all the individuals and groups that worked together on the Storm Response hosted by MPHS at Hubwest.

#### MPHS COMMUNITY TRUST

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people • pride • place