



MPHS COMMUNITY TRUST  
**ANNUAL REPORT**  
2019/2020

# THANK YOU TO OUR SUPPORTERS



Thank you for the support from our Fair Food, Project Twin Streams and Tipping Point volunteers.

Thank you to our volunteer Governance Board: Will Ward – Chairperson, Mark Chelton – Deputy Chairperson, Peter Thomas – Treasurer, Kimberly Rees, Rosemary Allen, Esther Goh and Lionel Anderson.

# PEOPLE, PRIDE, PLACE

We are proud to present our MPHS Community Trust Annual Report 2019/2020.

We exist to **‘Enable communities to connect and flourish’**. We remain passionate about seeing our three POU in action. **People** – valuing people and their capacity to grow, **Pride** – caring for our community and environment, **Place** – sharing a sense of belonging. Over the past twelve months, we have had the privilege of connecting with many people in our community.

## MPHS Community Trust Key Outcomes

- Create opportunities for our local community to engage in quality programmes and projects that improved their connection, wellbeing and sense of belonging.
- Invest in members of our community to challenge them to discover their dreams, inspire learning and support them to live the lives they want.
- Provide venues, resources and community space to host activities that meet the needs of the community.
- Successfully manage social enterprises that make positive contributions to the local community.



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# CHAIR'S REPORT

## WILL WARD, CHAIRPERSON



Tēnā koutou

Uncertainty has been a dominate force for us all over the past year. The impact of Covid-19 has been significant. Responding in an immediately new environment has brought challenges to us at MPHS and the communities we serve. How we as an organisation have and will continue to respond in these uncertain times is critical.

I acknowledge the other community organisations in the Waitakere region who have done some remarkable work over the past year. We have welcomed the opportunity to partner with many to ensure our communities get the support they require. It has been truly inspirational.

I would particularly like to thank Kathryn (CEO), the MPHS team and my Board colleagues. Your leadership has been confident and reassuring. Special acknowledgement to Peter Thomas who resigned from the Board after many years of outstanding service as Treasurer.

To our funders and supporters – thank you for continuing to enable us to do what we do well.

This past year has demonstrated the critical part organisations like MPHS have in our community. Our knowledge of our community and our ability to react quickly is a key component of a robust community infrastructure.

Ngā mihi



*New HIPPY recruit Jo-el, 3 years old.*

# CHIEF EXECUTIVE'S REPORT

## KATHRYN LAWLOR, CHIEF EXECUTIVE



Ngā mihi nui ki a koutou, greetings, talofa lava, kia orana, malo e lelei.

It has been an exceptional year calling for extraordinary change and adaptation. As I reflect on the past year, I am humbled by what MPHS, along with our community partners and community have achieved. Now more than ever it is essential we live and breathe our MPHS values of **Compassion, Contribution, Connection**.

With the unexpected emergence of Covid-19 this year, our community faced significant uncertainty and constant change. When we first went into lock-down in March we responded by moving many of our programmes online and staying connected in alternative ways. As a community development organisation with social connectedness at our very heart, we know a sense of connectedness in these challenging and unusual times is essential to the individual and collective well-being of our community.

As an active member of **West Auckland Together** we were able to partner with other community agencies during lock-down to ensure emergency supplies and welfare were available when needed most. We are proud to be part of a group of community agencies who truly collaborate and work alongside each other to achieve more together.

In 'He Aro Oranga' the (Ministerial Inquiry into Mental Health and Addiction) the report called for a 'once in a generation opportunity to transform poor mental health and addictions'. Community organisations placed at the heart of community like MPHS play an important role in the well-being of the community. We have proven connections, the trust and confidence of the community and are quick to respond to changing needs. We will continue to advocate for recognition of community organisations to be part of the transformational change needed.

The community told us they were delighted to see HubWest reopen after lock-down, showing us that HubWest is truly appreciated as a much-loved community resource. The Hub is a vibrant and inclusive space enabling people to connect, learn and share. Thank you to the Henderson Massey Local Board for their continued support ensuring we can run this as a community operated Hub.

We are also thankful to our Tipping Point customers who returned to *shop, drop and make a difference* at Tipping Point, our community recycling shop. It was a challenging couple of months with Tipping Point closed or open in a limited capacity and we are delighted to see our customers back supporting our work at Tipping Point. Tipping Point successfully rescues items destined for landfill, creates employment and

volunteer opportunities and this year helped fund our Youth programme. Thank you to our wonderful Tipping Point team who make this possible.

Thanks to the talented team at MPHS, through uncertain times you have remained committed to our programmes and projects and to our purpose of **'enable communities to connect and flourish'**.

This year has challenged us all as a team to reflect on what is really important. He aha te mea nui ki a mātou? he tāngata, he hapori.

Also, my heartfelt thanks to our board members, Will Ward, Mark Chelton, Peter Thomas, Kimberly Rees, Rosemary Allen, Lionel Anderson and Esther Goh, who contribute their time and guidance to ensure the smooth operation and growth of our organisation.

Ngā mihi nui

# HIPPY

## HOME INTERACTION PROGRAMME FOR PARENTS & YOUNGSTERS

MPHS Community Trust has over the past 10 years partnered with Great Potential Foundation to offer the HIPPY Programme in Henderson, this year we also were delighted to offer the programme in Ranui.

HIPPY is a programme that engages successfully with families of 3 to 4 year olds over a two year programme. Our programme is delivered to parents through workbooks and storybooks each week by a fully trained Tutor. All our activities support and develop

the cognitive, fine and gross motor skills that are essential for all children to become competent long-term learners. Parents attend a fortnightly Group Meeting where they are offered a variety of fun activities.

At the end of each year the children who complete the HIPPY two year programme celebrate by having a Graduation Ceremony. Over the past year we have engaged 118 families across the Henderson and Ranui communities.

### HIPPY FEEDBACK

"Nicholas and I are enjoying doing the HIPPY Programme. He's interested in doing the action activities. We are having so many magic moments which show me that he is learning a lot from doing HIPPY. I have found the parents tips have helped me a lot to work with Nicholas." **HIPPY Parent**

"I have loved doing HIPPY with my little Riley-Sima. Being a tutor as well, it gives me more confidence with the workbooks and I can execute it just as well with my daughter. She loves HIPPY so much and is always willing and keen to do the activities. I absolutely love this programme and the confidence that it has given my older daughter and now Riley-Sima. It is such lovely quality time for us, as well as helping my daughter gain knowledge and a love for learning while at home. I stand by HIPPY and everything that it does for us. HIPPY is amazing!" **HIPPY Parent**

"I enjoy seeing all the families I visit doing very well on HIPPY, watching them learning and growing. I do my best to support their learning.

Since becoming a Tutor I have built up my confidence to work with



*Tutors, parents and children at HIPPY Graduation Ceremony.*



# HEI MĀREIKURA, HEI MAURIORA

## WOMEN'S EMPOWERMENT PROGRAMME

different people and it's helped to gain social communication skills. I have a good working environment and I'm well supported by my other tutor colleague and Programme Coordinator."

***Xiaomei, HIPPY Tutor***

"Getting to know our families in HIPPY is a lot of fun and I enjoy it so much! I have built a relationship with my families and as the time goes on, it'll only get stronger. I feel that is an important part of being a tutor. Being able to connect with your families in their homes and understanding all the different cultures and their situations. Being welcomed into someone else's home is a privilege for me and I'm grateful that I have the opportunity to do so. Being in lock-down all of a sudden because of Covid-19, I was still able to be in touch with my HIPPY families and we were able to continue with workbooks using online support Web-HIPPY. My families were still able to hand in their sample of work and reports which was an achievement during this time. Although the circumstances weren't the best, we managed to keep on keeping on and it was quite an experience. I feel grateful to be a part of such an amazing team of women."

***Nancy, HIPPY Tutor***

We started having conversations with members of our community through our 'My Backyard Garden Project', taking note of the various themes from the families enrolled and conversations. It became clear that MPHS needed to try and put together a programme that supported women. We ran a focus group of local women to find hear what they wanted and thought about a local programme for women. With this information and research done, MPHS applied to the Strathlachlan Fund and were successful.

MPHS positions itself within the community and so it is important to allow the community the opportunity to shape and create the programmes as much as possible, with this said we started in August 2017 with our first cohort of women who developed a theory of change to work to and co-design the programme. The programme model was initial workshops and then one on one coaching sessions then upon completion the transition into the HMHM alumni.

One of the goals was also to support local women to become community coaches, we achieved this and employed two of the programme participants as coaches.

From the beginning we set out to create a space that empowered and supported women, we have achieved this. I am so proud of the women

who endeavoured to make time for themselves and I acknowledge those who dared to address and uncover what at the time was difficult but, in the process, discovered a transformational change.

To the HMHM Coach team, you were fabulous and a joy to work alongside. Your unique styles of coaching and care challenged the process of what we were creating and this is what made HMHM so good. Special thanks to Cissy Rock who worked alongside us on the project and Carole Adamson our clinical supervision.

***Rebecca George-Koteka***  
***Programme Coordinator***



# MPHS PROGRAMMES

**MPHS programmes have continued to be popular and an important way for many to connect. The focus this year has been on providing a range of programmes or activities based at HubWest .**

## JOY CLUB

### JUST OLDER YOUTH

Joy Club is for people from the local community over 65 years old. Members met weekly at HubWest to share ideas, stories connect and make new friendships. And group outings into the community are organised; exploring new places, going to the movies or art visiting galleries.

The Covid lock-down was challenging for many of our Joy Club members who live alone, but our team kept connected via phone and by dropping off food and care packages where needed.



### JOY CLUB FEEDBACK

Members tell us having a social connection has encouraged them to venture out and they feel part of something of value.

## YOUTH ADVENTURE AND KIDS CLUB

Free after school programmes for children/youth aged 5 to 18 years. The programme's changes from week to week, depending on what the local youth were interested in being involved with. Activities enjoyed include indoor soccer, arts and crafts, water slides and cooking.

## PLAYGROUP

Our playgroup caters for parents and caregivers and their preschool children. The group has a welcoming environment with many saying they love the chance to walk somewhere local and meet new parents while their children play and learn.





# COMMUNITY ACTIVATION

## SUNNYVALE HALL

### WEST AUCKLAND BOXING ACADEMY

The West Auckland Boxing Academy has been using the Sunnyvale Hall since June 2019 and has had sole use since Jan 2020. The programme is a youth development programme based around the sport of boxing for rangatahi aged between 9 and 24 years old.

#### SUNNYVALE HALL FEEDBACK

“Having the sole use of the Sunnyvale Hall has been incredibly helpful, giving us the start we needed as a new organisation. It now provides a home away from home 6 days a week for 150 young people and their families. We have been able to set up the space as a small boxing gym complete with a boxing ring and heavy bags. The young people who attend are largely from the immediate area of Sunnyvale, where there are no other youth programmes. We are very grateful to MPHS for the helping hand to get us up and going and look forward to working with you in the future.”

**Matt Grey**  
*Director / Head Coach  
West Auckland Youth  
Development Trust – West  
Auckland Boxing Academy*



## COMMUNITY DINNERS

A successful partnership with Life Church has enabled HubWest to host a free weekly community meal, feeding and bringing together many whanau every week. This much needed service was able to continue throughout Covid lock-downs through shifting to takeaway meals.



# A SNAPSHOT OF OUR ACHIEVEMENTS

## HIPPY

### HENDERSON

**53**

Families Engaged

**12**

Group Meetings

**18**

Tutor Training Sessions

### RANUI

Contract commencement 12 August 2019.

**65**

Families Engaged

**16**

Group Meetings

**39**

Tutor Training Sessions

## COMMUNITY CONNECTIONS

**27 – 297**

Kids Club / Whanau  
M8tes Sessions –  
Participants

**28 – 196**

Playgroup/Playday  
Sessions – Attendees

**11**

Activation of Spaces /  
Street Clean-ups

**24 - 168**

JOY Club Sessions  
– Attendees

## GOVERNANCE WORKSHOPS

**15**

Governance Workshops

**181**

Participants

## COMMUNITY FACILITIES

### HUBWEST

**2,198 - 40,470**

Bookings – Visitors

### SUNNYVALE HALL

**150**

Youth attending West  
Auckland Boxing  
Academy

## HEI MĀREIKURA, HEI MAURIORA

**20**

Women Completed  
Programme

**214.5**

Hours of Coaching

**17 – 42**

Workshop Series  
– Participants

## YOUTH SERVICES

### HIGH TECH YOUTH STUDIO

**513**

Members

**7**

Events

### BREAKAWAY HOLIDAY PROGRAMME

**258**

Placements

**25**

Activities



## PROJECT TWIN STREAMS

**200,000**

M<sup>2</sup> of Area Maintained

**736**

Plants Planted

**1256**

Volunteers

**4595**

Kgs of Rubbish Collected



## TIPPING POINT (RECYCLE SHOP)

**222.5**

Tonnes of waste diverted from landfill

**1,101**

Volunteers

**7,541.5**

Volunteer hours

**121**

Average visitors per day

**\$386,100.00**

Donated income

**\$3,359.00**

Shop sales



# HUBWEST

HubWest continues to be a thriving Community Hub hosting a range of community and MPHS Programmes alongside being available for hire for a wide range of activities. It is important to MPHS who have the privilege of managing HubWest on behalf of Auckland Council that we encourage connection, participation and community-led action.

HubWest closed for a period of time this year due to Covid. Once open again, we were delighted to hear from our community how much HubWest and the team who run it were missed. As soon as able one-off events and Programmes started up again.

HubWest is an important place to connect for the variety of social connections, well-being, fitness, education and church groups that choose HubWest as their place to meet and connect.

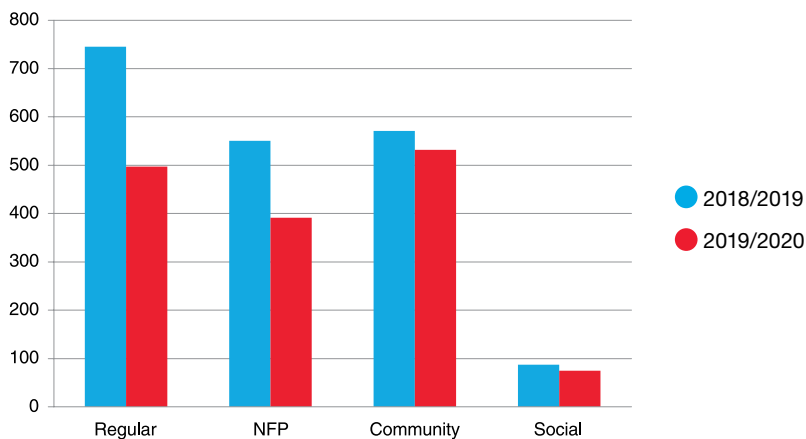
## HUBWEST USERS FEEDBACK

“Thanks, HubWest always something happening here, such an interesting community place and I can just drop in for advice and a coffee!”

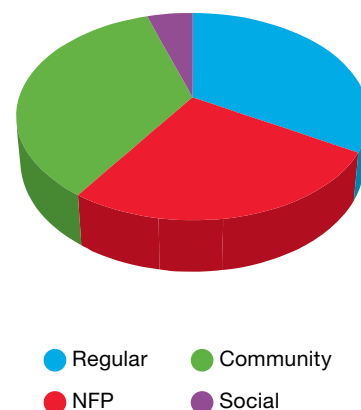
“We have all our whanau functions here, love the feel, the team and it being our local.”



## HUBWEST BOOKINGS



## GROUPS USING HUBWEST



# GOVERNANCE & COMMUNITY BUSINESS HUB

The Governance and Community Business Hub programme provides opportunities for board members and operational staff of not for profit organisations, to upskill on how to lead and govern.

Over the year organisations were supported through a range of training workshops and one-to-one mentoring, to help ensure that their organisations are successful, accountable and sustainable. With the evident of COVID-19, this invaluable support and coaching was offered through phone and ZOOM meetings.

MPHS partners with the Henderson Massey Local Board to ensure this professional training and back up support is available to community

organisations doing valuable work in the local area. The volunteer boards play a vital role in the governance and ultimate success of these organisations to make a difference in the community.

There is increasing regulations and requirements on NGO boards, to ensure their organisation is financially viable and operating in legal and correct ways.

Over the past year, free workshops included; Human Resources, Financial Management for NGOs 101, Managing Conflict, Governance Role 101, Succession Planning, Health and Safety, IT Capacity and Security.

The workshops reflect what organisations have requested help

with, which this year included running effective board meetings and strategic planning. Our coaches, who are experts in organisational management and NGO governance, respond to the individual needs of organisations and provide one-to-one mentoring.

## PARTICIPANT FEEDBACK

“Thanks for offering the informative workshops, so lucky to have these, the IT Security workshop was so timely for our organisation.”



*Diverse HubWest users.*

# TIPPING POINT

It has been an interesting year for the team at Tipping Point. The unprecedented disruption of the Covid-19 lock-downs, and a new manager halfway through the year, presented both challenges and opportunities. The difficulties of 2020 have thrown into sharp relief, that the caring for people is at the heart of our social enterprise.

“People” is listed as the first of the three pou that support the MPHS whare. And while the ultimate goal of MPHS is to serve the people of our community, Covid-19 focussed both thoughts and actions on the well-being of Tipping Point staff, volunteers and customers. Dealing with the challenges of lock-downs, and subsequent Covid-19 Alert Level restrictions, reinforced the truth that true sustainability and effectiveness in our mahi relies on the well-being of everyone in our ecosystem. From the negative effects of the pandemic, optimism and a stronger sense of pride, and of team, has been forged at Tipping Point.

As a social enterprise, Tipping Point driven by multiple goals. Reduction of waste to landfill, pastoral care of staff and volunteers, and generation of surplus funds for charitable work in our community. We achieve these goals by redirecting discarded usable goods and materials back into use, giving these items a second or third life. Even with the closures due to lock-down, our diversion rate has been up in terms of tonnage in the months we have been open. We have this year moved one person into full-time employment and increased our volunteer base. And since the end of the first lock-down, we have significantly increased our average monthly revenue.

2020 has been a year of disruption but is also the beginning of a new chapter. Auckland Council has received ‘shovel-ready’ funding from Central Government to redevelop the site at 50 The Concourse, into a Resource Recovery and Reuse Park in line with Council’s Waste Management and Minimisation Plan. This provides a huge opportunity for MPHS Tipping



**50 The Concourse  
Henderson, Auckland**

**TippingPoint.org.nz**

**MPHSTippingPoint**

Point to become more integrated and efficient on-site, and open the potential for growth. The redevelopment of the site could remove the barriers that currently limit our capacity and scale. We see increasing the size of the shop operation, increasing Commercial and Demolition (C&D) waste recovery, and engagement in the container return scheme as real growth areas. Economic and environmental sustainability are two sides of the same coin. The more we grow, the more we will be able to do.





# PROJECT TWIN STREAMS



The MPHS Environmental team has continued working across 20 hectares of Native Green Asset. Encompassing the Oratia, Opanuku and lower Waikumete streams. Attaining excellent results on both progress and health and safety areas. Active with a variety of groups and individuals operating along the streams to ensure the Riparian Ecosystem delivers its full services (Cultural, Goods, Regulator and Life Supporting) to the Community.

The project provides a platform for communities to engage in environmental restoration and to build strong relationships for this purpose. Enabling communities to act as environmental stewards and exercise kaitiakitanga.

One of this year's highlights was an event in July teaching people how to make Weta homes for their garden. We partnered with the West Auckland Woodturners Guild who kindly offered the use of their club and equipment in Sunnyvale. Woodturners members volunteered to help and supervise and were so helpful. This was a fun and successful event, with 62 Weta houses made. Participants also got an info sheet on Weta, with information on likely habitats, types of trees they like and what they eat.

Many thanks to Auckland Council Parks who helped fund the event.



To find out more about Project Twin Streams visit:

[projecttwinstreams.com](http://projecttwinstreams.com)

[f projecttwinstreams](https://www.facebook.com/projecttwinstreams)

## PROJECT TWIN STREAMS FEEDBACK

"An excellent morning with an enduring benefit, thanks Tina."

*Participant*



# YOUTH SERVICES

Our Youth Studio is a creative space for young people to explore their creativity through learning animation, graphic design, music, film and fine arts. They also get support to work on school projects or develop their own creative interests. This year we offered classes for students at Bruce McLaren and Don Buck Intermediate schools and after school Game Development classes which were very popular.

Most importantly Youth Studio is a safe and fun space where youth can come and connect with each other and older youth leaders who provide positive mentoring and support. Youth have an increased sense of connection and belonging to a supportive group and feel part of a community.

During school holidays we partnered with Oranga Tamariki to run our popular free Breakaway Holiday

programme for youth over 11 years old. The programme focuses on youth taking the lead and co-designing the programme with a mix of activities and learning, based at Youth Studio and trips out to popular Auckland spots. These trips are a highlight, often an opportunity to visit places for the first time.

At the beginning of each programme, the youth set the culture and values of the programme and we are proud that it's always inclusive and supportive of the diverse group of local youth that attend. The youth leaders we employ have all themselves been participants of Youth Studio or the Breakaway Programme, enabling youth to grow their leadership attributes and share their experience.

## YOUTH SERVICES FEEDBACK

"Bruce McLaren Intermediate School is fortunate to link the MPHS and have a group of students attend Animation and Robotics for an hour each on a Thursday.

Not only does this enrich the opportunities we can provide to the students, it also connects the school with the community facility.

BMIS is also grateful for the positive facilitation provided by Clarence, a staff member at MPHS. The incredible staff and amazing facilities on offer at MPHS are gems in our community crown.

Thank you for a positive year in such crazy times.

Nga mihi."

**Liz Wood, Principal**  
**Bruce McLaren Intermediate School**



*Waima and youth.*





Breakaway Holiday Programme trip photos: Amazing Race at Silo Park, Orewa Beach, Parnell Baths, Silo Park.

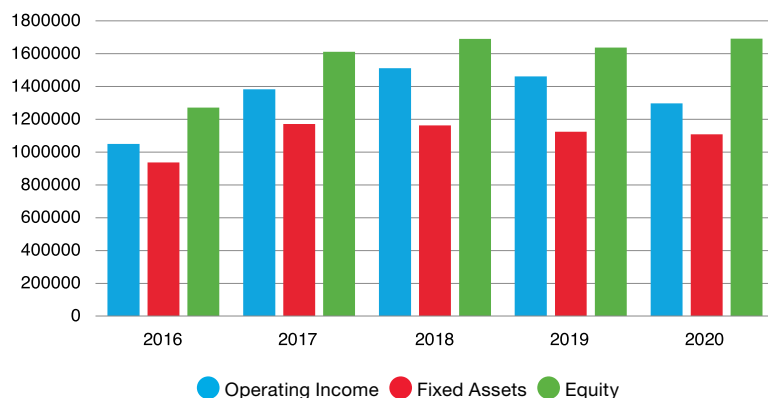


# FINANCIAL OVERVIEW

Revenue decreased by 11% compared with previous year note:

- Revenue from Grants decreased by 16%, due primarily to the winding up of the HMHM women's programme 3-year funding and a reduction in Lottery Grant funding for the Hight Tech Youth Studio.
- Contract Income remained stable.
- Tipping Point and HubWest were impacted by Covid-19 closing doors during lockdown and being unable to return to full capacity until level 2.
- Shop Income showed less impact, with an increase in sales in the months following Covid-19 – with an overall reduction of sales of 5%, HubWest however decreased sales by 32%.
- Overall, despite a loss in revenue, sound financial management from previous years and non-operating income from Covid-19 wage subsidy has enabled the Trust to withstand the disruption of services and remain financially healthy with sound equity.

**FINANCIAL OVERVIEW**

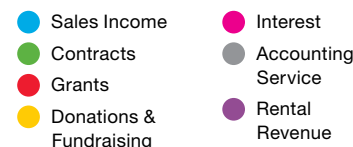
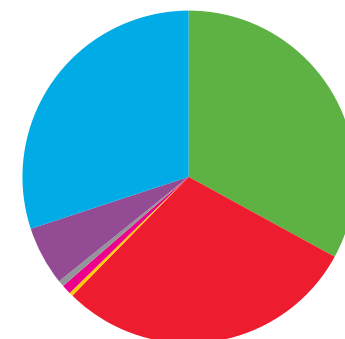


For the 2020/2021 financial year, we look forward to the following:

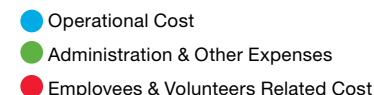
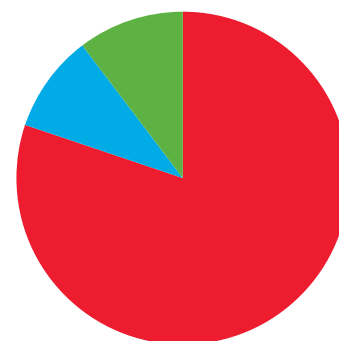
- Developing and continue growth of Social Enterprises.
- Developing partnerships with funders, working towards sustainable community organisations.

Audited financial statements are available from the Charities Commission website. Charities number C46419.

**WHERE THE MONEY CAME FROM**



**WHERE THE MONEY WAS SPENT**





## OUR VISION

Thriving communities

## OUR PURPOSE

Enable communities to  
connect and flourish

## OUR POU

### people

*Valuing people and  
their capacity to grow*

•

### pride

*Caring for our community  
and environment*

•

### place

*Sharing a sense  
of belonging*

## OUR VALUES

Compassion • Contribution • Connection



## **MPHS COMMUNITY TRUST**

HubWest 27 Corban Ave, Henderson South, Auckland 0612  
(Corner of Bruce McLaren Rd & Corban Ave)

09 838 4820 | [info@mphs.org.nz](mailto:info@mphs.org.nz) | [www.mphscommunity.org](http://www.mphscommunity.org)

*people • pride • place*